

## THE YUPO EXPERIENCE, Sandy Maudlin, Instructor

Subject matter that you paint in this workshop is your choice. Paint what you know, what you love, and what will challenge you. We will discover some wonderful possibilities and technique which you can incorporate however you want in your own paintings, adjusting the processes to your style of painting.

Bring your own reference photos for the subject matter that you want to paint or you can paint abstractly, your choice. Anything, any subject matter, can be painted on YUPO, although some subjects are much easier than others. If you're new at this, avoid portraits for now. My favorite subjects are from photos with high value contrast, with side or back lighting. Lots of shadows/sunshine also help. Just a note - The most challenging things to paint on yupo are smooth areas, like a body of water or large sky that gradually fade from light to dark... easier to do once you're experienced.)

Avoid photos with direct lighting on the subject (like having the sun behind you to take a pix) as well as photos taken with a flash. Use copyrighted photos for inspiration only, but not to copy. Please do not plan on painting from copyrighted pix, like ones in magazines, calendars, books, postcards, most internet resources or anything published, since that's a violation of our copyright laws.

### SUPPLY RECOMMENDATIONS FOR OUR YUPO WORKSHOP

You will need all the **Bold faced** items. This supply list details exactly what I will have with me. You may not need or use everything on this list. Please use what you already have unless you wish to buy extra supplies.

- YUPO paper** - 4 sheets 20x26"size - not translucent. Use any weight YUPO you want. I prefer the stability of the heavy weight.
- Watercolor palette** filled with your favorite colors - bring what you normally use, but also see list below if you want to add more.
- Pad of disposable paper palettes** or large, white Styrofoam plates for fluid acrylics
- Brush assortment** - a big wash brush plus a 1" flat brush, a # 8 round, and a #1 rigger - a set of each, one for acrylics and one for watercolor - just my personal choices. If you prefer rounds rather than flats, stick with them.
- A Scrubber brush** - aka fabric brush - a fourth inch wide with stiff, short bristles to lift off paint
- 2 Water containers, a Cellulose kitchen sponge, Pencil, Red Ball Point Pen, 18" ruler, and Scissors**
- 2 Empty spray bottles** that do not have a fine mist - you need the kind that 'spits' or 'spritzes'
- Derwent watercolor pencils** - regular kind, not InkTense
- Plastic shower Squeegee** with rubber squeegee blade, about 6 inches long. Cut off the handle then cut it up, making several different widths out of it. I will have a few of my favorite, a Mr.Clean shower squeegee, for sale, already cut up into pieces if you want to buy a set, about \$12. (no longer sold anywhere).
- An old bath towel and Q-tips** - Get the regular Q-Tip as well as the makeup applicator kind with a point on one end.
- **Single edged razor blade, Exacto Knife, and Bamboo stick/pen** with a tapered point, usually on both ends
- Miskit** (My favorite is Pebeo Drawing Gum Miskit) & 2 thin, old rigger brushes for applying miskit
- 6 disposable **Paper Glasses** about 10 oz size and **Blue Painters Tape - Scotch brand** for multi surfaces
- Several sheets of good **Tracing Paper** like Cheap Joes or Canson and a sheet of **Graphite Paper by Saral**
- Small **FOAM paint rollers** with short handles (not the fuzzy rollers ) at least 4 that are just 3 to 4" wide (from Wal-Mart.) Hobby Lobby has also carried orange foam ones in various small sizes.
- A whole box of **Kleenex** brand tissue without lotion in it, plus a roll of **Paper towels**
- A **board to paint** on with something to elevate it on one side, to make a very low, slightly angled easel. A gator board or masonite works fine with a 2 ft.long 2x4" board propped under it.
- Caran d'Ache crayons and any different mediums that you'd like to try ... think gesso, graphite, tar gel, charcoal... Plastic Stencils if you have them, as well as any texture making goodies that you have, like cheesecloth, patterned paper towels, stamps, etc. Throw in some Rubber Gloves and a small, low plastic cup to hold an ounce of liquids.
- An I-Pad or similar with the App, VALUE VIEWER downloaded on it
- Paints** - 1 ounce bottles of **FLUID ACRYLICS** - Golden and Da Vinci Brands ONLY... Almost all are transparent and will be applied just like watercolor. The first 3 will mix about every color so get those for sure. Two artists could share the fluid acrylics. (Sorry, but you cannot dilute tube acrylics with water to create quality fluid acrylics.)
- Get these 3 for sure --- **Phthalo Blue-green shade, Quinacridone Magenta, Quinacridone Gold.**
- Others to add if you like. The starred ones below are my favorites...
- \*Anthraquinone Blue, \*Cerulean, Cobalt Blue, \*Cobalt Teal, Diarylide Yellow, \*Green Gold, \*Hansa Yellow, Jenkins Green, Quinacridone Red, Raw Sienna, Raw Umber, Titanium White, \*Transparent Pyrrole Orange,
  
- Just FYI - *Watercolor Paints in my palette* - all by Daniel Smith Co., Seattle \*Bismuth Yellow, \*Cerulean Blue, \*Cobalt Violet Deep, \*Cobalt Teal Blue, \*Green Gold, Hansa Yellow, Indanthrone Blue, \*Lunar Black, \*Lunar Earth, Perylene Red, Permanent Yellow Deep, Phthalo Blue-green shade, Quinacridone Burnt Orange, Quinacridone Magenta, Quinacridone Purple, Raw Sienna, \*Shadow Violet, Transparent Pyrrole Orange, Ultramarine Turquoise

--- E-mail me if you have any questions or requests. [sandymaudlin@gmail.com](mailto:sandymaudlin@gmail.com)